

Building Blocks For Under 5s

Porohanganga mō ngā tamariki i raro i te 5



Overview

Building Frame

YOUR organisation

Ensure your ECE service's policies and practices create a physical and social environment that supports behaviour change. This could also include guidelines and formal and informal rules.



YOUR Environment

Adapt your physical and social environment so that the healthy choice is the easy choice and a sense of belonging is fostered.

FOR Individuals, whānau and your ECE service's community

Increase knowledge, skills and support for your ECE service's community to take action and enhance their health and wellbeing. This will motivate behaviour change.

Building steps

