



Calendar of Public Health Events for 2019

Date	Event	Website
JANUARY KOHI-TĀTEA 2019		
4	World Braille Day	https://blindfoundation.org.nz/community/world-braille-day-2019/
29 - 3	Te Aka Mauri Children's Hub Festival	www.rotorualibrary.govt.nz/about-your-library/teakamauri
FEBRUARY HUI TANGURU 2019		
1 – 28	Aotearoa Bike Challenge month	www.lovetoride.net/nz
2	World Wetlands Day	www.doc.govt.nz/worldwetlandsday
6	Waitangi Day	www.waitangi.org.nz/events
11	International Day of Women and Girls in Science	www.un.org/en/events/women-and-girls-in-science-day/index.shtml
14 & 26 & 27	Go by Bike Day- 14 Whakatane, 26 Rotorua, 27 Tauranga	www.sportbop.co.nz/get-active/play-in-the-bay/bike-month-2019/go-by-bike-day-2019/
MARCH POUTŪ- TE- RANGI 2019		
1 -31	Stay SunSmart in March	http://wellplace.nz/event-calendar/stay-sunsmart-in-march/
2 - 10	Seaweek- Kaupapa Moana: <i>Tiakina o Tātou Mōana – Care for our Seas</i>	http://seaweek.org.nz/
3	National Children's Day	www.childrensday.org.nz
8	International Women's Day- <i>Balance for Better</i>	www.internationalwomensday.com
16 & 17	Rotorua Walking Festival	www.rotoruwalkingfestival.org.nz/
18 - 24	Shave for a Cure	https://shaveforacure.co.nz/
20	World Oral Health Day	https://www.nzda.org.nz/public
22	World Water Day – <i>Water for All</i>	http://www.worldwaterday.org/
22 & 23	Red Puppy Appeal	http://blindfoundation.org.nz/support-us/red-puppy-appeal
22 - 31	Neighbours Day Aotearoa	www.neighboursday.org.nz
30	Relay for Life in Hamilton	www.relayforlife.org.nz/
APRIL PAENGAWHĀWHĀ 2019		
2	World Autism Awareness Day	www.autism.org.nz/2018/03/world-autism-awareness-day-2018/
7	World Health Day	www.who.int/westernpacific/news/events/world-health-day
17	World Hemophilia Day	www.wfh.org/en/whd

22	World Earth Day- <i>Protect our Species</i>	www.earthday.org/campaigns/
25	World Malaria Day	www.who.int/malaria/en/
25	Anzac Day	https://mch.govt.nz/anzac-day
28	World Day of Safety and Health @ Work	https://worksafe.govt.nz/
29 - 5	NZ Immunisation Week	www.hpa.org.nz/programme/immunisation
MAY HARATUA 2019		
5	International Midwives Day	www.internationalmidwives.org/icm-events/idm-international-day-of-the-midwife.html
5	World Asthma Day	https://ginasthma.org/wad/
6 - 12	Road Safety Week New Zealand- Theme 'leadership for road safety'	www.brake.org.nz/campaigns-events/events-training/road-safety-week
12	International Nurses Day	www.icnvoicetolead.com/#
15	International Day of Families	www.un.org/en/events/familyday/
13 - 17	Pink Shirt Day (17 th) – Stop Bullying & Bullying-Free NZ week	www.pinkshirtday.org.nz/ and www.bullyingfree.nz/bullying-free-new-zealand-week/about-bullying-free-nz-week/
18 – 26	Youth Week – Theme 'We are more than you see – He wai hōhonu a mātou'	www.arataiohi.org.nz
30	World Multiple Sclerosis Day 'My invisible MS'	www.msnz.org.nz/world-ms-day/
31	Quit for Life World Smokefree Day	www.smokefree.org.nz/smokefree-in-action/world-smokefree-day
JUNE PIPIRI 2019		
1 - 30	Men's Health Month	http://menshealthnz.org.nz/mens-health-month/
1 - 30	Junk-Free June	https://nz.junkfreejune.org/
5	World Environment Day	http://worldenvironmentday.global/
14	World Blood Donor Day	www.nzblood.co.nz/give-blood/world-blood-donor-day
16 - 22	National Volunteer Week	https://nationalvolunteerweek.nz/
20	World Refugee Day	www.un.org/en/events/refugeeday
25 - 3	Matariki	www.twoa.ac.nz/Pages/Te-lwa-o-Matariki?sc_lang=en
26	International Day Against Drug Abuse and Illicit Trafficking- 'Listen first'	www.unodc.org/listenfirst/en/index.html
27	Helen Keller Communication Day	https://blindfoundation.org.nz/blind-foundation-updates/join-us-for-helen-keller-communication-day/
JULY HŌNGONGOI 2019		
28	World Hepatitis Awareness Day	www.worldhepatitisday.org/
30	International Day of Friendship	www.un.org/en/events/friendshipday/
AUGUST HERETURIKŌKĀ 2019		
1 – 7	World Breastfeeding Week & The Big Latch On	www.womens-

		health.org.nz/programmes/breastfeeding-activities/big-latch-on/about/
9	International Day of Indigenous People	www.un.org/en/events/indigenousday
31	Cancer Society 'Daffodil Day'	www.daffodilday.org.nz
SEPTEMBER MAHURU 2019		
1 - 30	Breathe Better September	www.breathebetterseptember.co.nz/
1 – 30	Cervical Screening Awareness Month	www.nsu.govt.nz
1 – 30	Students Against Dangerous Driving (SADD) Month	https://sadd.org.nz/remember-september-2018/
1 - 30	Blue September, Prostate Cancer Awareness Month	https://blueseptember.org.nz/#/boards/blue-september-staff-board,blueseptember
1 - 30	World Alzheimer's Month	www.alzheimers.org.nz/get-involved/world-alzheimers-month
2 – 8 (TBC)	Gambling Harm Awareness Week	www.choicenotchance.org.nz/gambling-harm-awareness-week
8	International Day of Literacy	www.un.org/en/events/literacyday/
10	World Suicide Prevention Day	http://wspd.org.au/ https://iasp.info/wspd2018/
10 - 16	Māori Language Week – 'Kia Kaha te Reo Māori- Let's make the Māori language stonger'	www.tetaurawhiri.govt.nz/events-and-promotions/maori-language-week/
14 – 22	Conservation Week NZ- 50 th Year	www.doc.govt.nz/news/events/conservation-week/about-conservation-week/
15	World Lymphoma Awareness Day	www.leukaemia.org.nz/support/raising-awareness/world-lymphoma-awareness-day/
21	International Day of Peace	www.un.org/en/events/peaceday
22	World Car Free Day	www.facebook.com/nztaakl/photos/world-car-free-day-is-this-friday-22-september-show-your-support-and-where-you-c/1683829535024378/
23 - 29	Mental Health Awareness Week	www.mhaw.nz/
OCTOBER WHIRINGA-Ā-NUKU 2019		
1 – 31	Health Literacy Month	www.healthliteracymonth.org www.healthliteracy.com
1 - 31	Save Kiwi Month	www.doc.govt.nz/news/events/national-events/save-kiwi-month/
1 – 31	Breast Cancer Awareness Month	www.nzbcf.org.nz and www.breastcancerfoundation.org.nz/news-and-events/event-calendar?year=2019
1	International Day of Older Persons	www.un.org/en/events/olderpersonsday/
5	World Teachers Day	https://en.unesco.org/commemorations/worldteachersday
5	Big Blood Pressure Check	www.stroke.org.nz/big-blood-pressure-check
12	World Arthritis Day	www.eular.org/eular_campaign.cfm
11	International Day of the Girl Child	www.un.org/en/events/girlchild
13	International Day for Disaster Reduction	www.unisdr.org/disasterreductionday
15	Global Handwashing Day	https://globalhandwashing.org/global-handwashing-day/about-ghd/

16	World Food Day	www.greeningtheblue.org/event/world-food-day
19 – 28(TBC)	Rotorua Bike Festival	https://rotoruabikefestival.com/
20	World Osteoporosis Day	www.worldosteoporosisday.org/
20	World Statistics Day	www.un.org/en/events/statisticsday/
24	United Nations Day	www.un.org/en/events/unday/
NOVEMBER WHIRINGA-Ā-RANGI 2019		
1 – 30	'Movember' Men's Health Month	https://nz.movember.com/?gclid=Cj0KCQiAyNjRBRCpARIsAPDBnn2mv4cfzR9n0xO5Nt2uf002iFOdCYRppmDd7hUuOS0N4k4FOiwdc8aAomfEALw_wcB
12	World Pneumonia Day	https://stopppneumonia.org/world-pneumonia-day/
14	World Diabetes Day	www.diabeteshelp.org.nz/index.php?page=world-diabetes-day
19	World Day for the Prevention of Abuse and Violence against Children	http://19days.woman.ch/index.php/en/
25(TBC)	White Ribbon: you can stop violence towards women	https://whiteribbon.org.nz/
DECEMBER HAKIHEA 2019		
1	World Aids Day	www.nzaf.org.nz and www.unaids.org/en/resources/presscentre/featurestories/2018/september/20180917_WAD_theme
3	International Day of Disabled Persons	www.dpa.org.nz and www.un.org/en/events/disabilitiesday/
7(TBC)	National Safe Sleep Day- Te Rā Mokopuna	http://sudinalationalcoordination.co.nz/safe-sleep-day
10	World Human Rights Day	www.amnesty.org.nz and www.un.org/en/events/humanrightsday/
18	International Migrants Day	www.un.org/en/events/migrantsday

Toi Te Ora – Public Health have collected this information from a variety of sources to be used throughout the community as a resource guide. Every effort has been made to ensure these dates are correct. For more information about each event please contact the relevant organisation through their website.

This calendar is also available online at www.ttophs.govt.nz/calendar or for further information phone 0800 221 555.

Toi Te Ora - Public Health is funded by the Ministry of Health and is the public health unit for the Bay of Plenty and Lakes District Health Boards. Toi Te Ora's purpose is to improve and protect the health of the population in the Lakes and Bay of Plenty districts with a focus on reducing inequalities.

Website: www.ttophs.govt.nz | Twitter: [www.twitter.com/ttophs](https://twitter.com/ttophs)